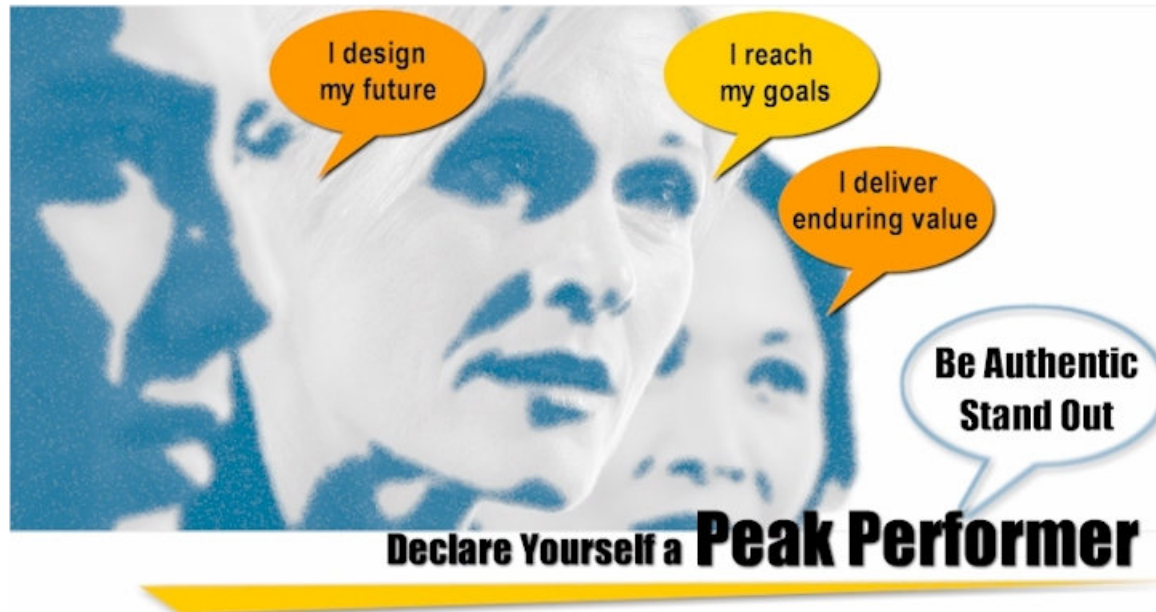


The Peak Performance Lifestyle

New Interact Live track - Starts in October 2009



- What do peak performers in sports and business do exceptionally well?
- How do their skills and routines translate into helping you achieve excellence?
- What motivates high achieving executives to meet increasingly complex challenges?
- How can you find fulfillment within the fight for survival and profitable growth?
- How can CEOs inspire their organizations to design breakthrough achievements?
- How can you lead by example and leave a path for others to follow?

This era of uncertainty is demanding more of us. It demands that we become **Authentic Peak Performers** and gain the credibility that only comes from acute self awareness.

To do this, you need to embrace performance development just like professional athletes do. Through this unique Interact Live track, you will explore how a systematic approach will help you **enhance Focus, manage Energy and grow the capacity to design your own Breakthrough.**

For Authentic Peak Performers, true achievement means discovering your identity, expressing your uniqueness, creating value and leaving a path for others to follow.

You are cordially invited to join our conversation...

Contact Information:

Lou Solomon: lou@interactskills.com

Carlos Salum - csalum@saluminternational.com

Authentic Peak Performers are members of [Interact Live](#)

Download this Open House Invitation on PDF format

Open House:

September 24th

from 5:30 to 7:30 pm

at Interact Studio

R.S.V.P.: [[YES! I will attend!](#)]

Presented by:



INTERACT
AUTHENTIC SPEAKING AND PRESENTING.

Driving Directions:

Interact Studio

1435 West Morehead Street

Studio 210 - Charlotte, NC 28208

DOWNLOAD: [\[Directions PDF\]](#)

704.374.0423 Studio

www.InteractSkills.com